

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## charles Smith

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 01:26:32

**PACE** 10:48/km

**OVERALL** 85 of 166

**GENDER** 51 of 78

**60 - 69** 1 of 4

23 June 2019, Sun

Date

